

Sexual Assault Sequelae

- 1. Recognize the problem of sexual assault in Canada**
- 2. Understand the complexity of sexual assault within the context of individual and social experience (Describe societal factors)**
 - a. Identify rape myths situated in the broader social context
 - b. Reflect on how social factors such as racism, sexism, ableism, colonialism and others intersect, affecting the experience of sexual assault, access to and care provided by services
 - c. Describe challenges associated with the issue of consent
 - d. Recognize how the broader social context can shape individual biases which can impact the provision of care.
- 3. Understand the (neurobiology of) trauma of sexual assault**
 - a. Recognize the physical, social, emotional and psychological outcomes of sexual assault
 - b. Describe the neurobiological response to trauma
 - c. Recognize the potential effects of trauma for re-victimization
- 4. Understand and identify commonly misunderstood reactions to sexual assault**

Explain why sexual assault may be unacknowledged by the survivor

5. Know how to respond to commonly misunderstood reactions to sexual assault

Be able to:

- Create safe and supportive spaces for disclosure
- Modify service provision to make it more accessible and comfortable for diverse clients
- Respond to survivors who have experienced (re)victimization
- Provide information about local resources and appropriate referrals
- Respond to survivors who may not acknowledge their experience as sexual assault

6. Reflect on your own beliefs, values and practices

- a. Recognize how your values, attitudes, beliefs and experiences may shape and influence your response to survivors of sexual assault
- b. Examine your emotional responses to the commonly misunderstood, behaviours of survivors of sexual assault