

Sexual Assault Sequelae

1. Recognize the problem of sexual assault in Canada

2. Understand the complexity of sexual assault within the context of individual and social experience (Describe societal factors)

- a. Identify rape myths situated in the broader social context
- b. Reflect on how social factors such as racism, sexism, ableism, colonialism and others intersect, affecting the experience of sexual assault, access to and care provided by services
- c. Describe challenges associated with the issue of consent
- d. Recognize how the broader social context can shape individual biases which can impact the provision of care.

3. Understand the (neurobiology of) trauma of sexual assault

- a. Recognize the physical, social, emotional and psychological outcomes of sexual assault
- b. Describe the neurobiological response to trauma
- c. Recognize the potential effects of trauma for re-victimization

4. Understand and identify commonly misunderstood reactions to sexual assault

Explain why sexual assault may be unacknowledged by the survivor

5. Reflect on your own beliefs, values and practices

- a. Recognize how your values, attitudes, beliefs and experiences may shape and influence your response to survivors of sexual assault
- b. Examine your emotional responses to the commonly misunderstood, behaviours of survivors of sexual assault